

MAY MENTAL HEALTH AWARENESS MONTH 2021: Calendar of Events

<i>Date, Time, Location</i>	<i>Event</i>	<i>Event Description</i>
<u>Thursday, May 6, 2021</u> Time: 2:00 to 2:30 pm ET Zoom information will be provided upon RSVP	Speaking Out About Suicide: Safe Effective Messaging Guidelines (Virtual Briefing) Hosted by the American Foundation for Suicide Prevention and the Mental Health Liaison Group in conjunction with the Congressional Mental Health Caucus	This virtual briefing will address the best practices for speaking out about suicide and will cover safe reporting guidelines. Learn how you and your Member of Congress can utilize safe messaging to reduce stigma and promote suicide prevention efforts and positive mental health. Congressional staff RSVP here
<u>Wednesday, May 19, 2021</u> Time: 1:00 to 2:30 pm ET Virtual briefing information will be provided upon RSVP	Pain in the Nation: How High rates of Suicide, Alcohol, Overdose Deaths Require a Resiliency Strategy (Virtual Briefing) Hosted by Trust for America’s Health and Well Being Trust in conjunction with the Congressional Mental Health Caucus	For the past decade deaths from suicide, substance use, and alcohol have continued to rise to the point where it has decreased life expectancy in 2018. Now this trend has been exacerbated by the COVID-19 pandemic, a fragmented health system, and social and community conditions. No single program or policy will be a cure-all to address these issues. Instead, a comprehensive approach that focuses on the underlying causes of these “deaths of despair” can make even our most vulnerable resilient and heal a fracturing nation. Please join us virtually as we discuss some of these approaches that are rooted in the vital conditions in which people live, work, learn, and love can have positive outcomes. RSVP here
<u>Thursday, May 20, 2021</u> Time: All day	Virtual Member of Congress WEAR LIME GREEN for May Mental Health Action Day Hosted by the Congressional Mental Health Caucus	On Thursday, May 20th, please join us in wearing lime green in support of Mental Health Action Day. We encourage our fellow Members of Congress to post a picture wearing lime green on social media to show solidarity with the nearly one in five Americans living with a mental illness. Besides a photo, Members are also encouraged to post a video, share a personal story, or any legislative work related to mental health.

MAY MENTAL HEALTH AWARENESS MONTH 2021: Calendar of Events

Tuesday, May 25, 2021

Time: 11:00 am to 12:00 pm ET

Virtual briefing information will be
provided upon RSVP

Fulfilling the Promise of 988: Understanding the Behavioral Health Crisis Care Continuum (Virtual Briefing)

**This briefing is sponsored by the Behavioral Health and Economics
Network, held in partnership with the National Council for
Behavioral Health, Vibrant Emotional Health, and the American
Foundation for Suicide Prevention in conjunction with the
Congressional Mental Health Caucus**

Last September, Congress passed the National Suicide Hotline Designation Act, creating a new three-digit dialing code (9-8-8) for the National Suicide Prevention Lifeline, the nation's main connection point to mental health crisis response services. Today, states and communities are transitioning systems to better serve this vulnerable patient population when they experience a crisis. As the 9-8-8 go-live date of July 2022 quickly approaches, join us to learn about the full crisis care continuum and the work that remains to fulfill the promise of 988 so that everyone, everywhere can have access to high-quality crisis services, whenever they should need it.

RSVP here (Link coming soon)